

## Roadside Emergency Kit

### SafeTips from the Naval Safety Center

Quick and easy summaries to find out about something new you're doing or as a refresher for something you haven't done in a while. They're a great training tool to pass around at meetings, through e-mail, or post on bulletin boards.

### Emergency Kit

- Road flare with matches / warning triangle
- Auto distress flag
- Cell phone
- Safety reflector vest
- Jumper cables
- First aid kit / CPR mouth piece
- Flashlight with extra batteries
- Fire extinguisher
- Bottled water
- Crackers or cookies / granola or energy bars
- Extra fuses
- Gloves
- Nonflammable tire inflator
- Rags
- Auto manual
- Road maps
- Hand cleaner / wet naps

- Whistle
- Spending Money / Change
- Extra pair of walking shoes

### Fluids

- Empty gas can
- Two quarts of oil
- Gallon of antifreeze
- Brake fluid
- Automatic transmission fluid

### Tools

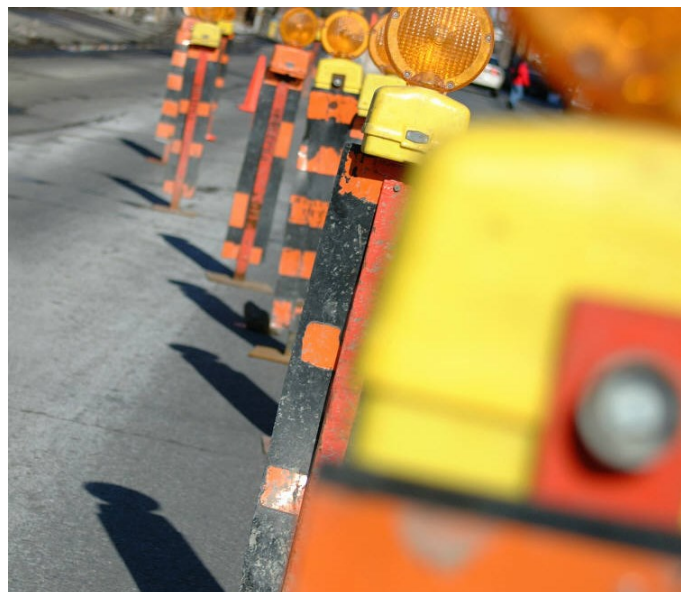
- Screwdrivers (flat and phillips head)
- Pliers
- Vise grips
- Adjustable wrench
- Shovel
- Roll of duct tape

[www.public.navy.mil/navsafecen/pages/media/index-safetips.aspx](http://www.public.navy.mil/navsafecen/pages/media/index-safetips.aspx)



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- Multi-tool / pocketknife
- Tire pressure gauge
- Funnel
- Wire or rope

### Items to include based on climate

- Ice Scraper
- Emergency Thermal Blanket
- Traction Aids (Sand, Rock Salt, or Kitty Litter)
- Jacket or Raincoat, Boots
- Umbrella
- Extra Water
- Tire Chains (Snow)

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